



DEPARTMENT OF THE NAVY



NEWSLETTER

October 6, 2016 Volume 3, Issue 4



COMBINED FEDERAL CAMPAIGN



Show Your Cause!

October 11th is Show Your Cause Day!

Are you passionate about disaster relief, veteran services, animal rights, medical research or another great cause supported by the CFC? The second of four *Show Some Love* days invites Federal employees to show the charitable causes they care about most. Use accessories or attire to promote your cause, and share about it online.

Showing your cause is as easy as 1-2-3:

1. Print out a blank "I Care About" Board
2. Write down your cause
3. Take a photo and upload it to the cause gallery

Bonus : Post your photo to Facebook using #ShowSomeLoveCFC

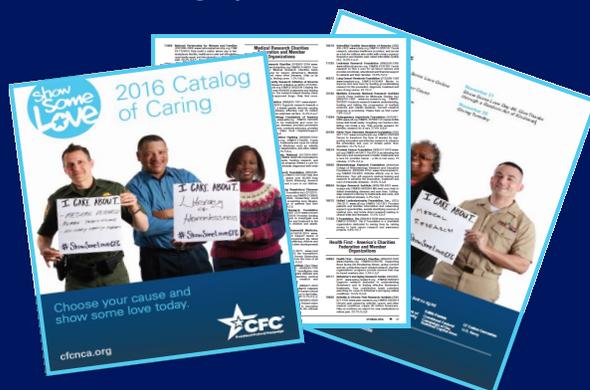


Catalog of Caring

Choose your cause and show some love today.

The 2016 Catalog of Caring lists the thousands of charities participating in the CFCNCA. Use the catalog to help you find the charity you plan to give to through the 2016 CFCNCA.

The Service Categories categorize the types of services that most charitable organizations offer. Charities self-select up to three alpha-codes for inclusion in the CFC charity list. Charities that did not select at least one category are assigned "Z" for the "Other" category.



Quote of the Week

"Help others without any reason and give without the expectation of receiving anything in return"

-Roy T. Bennett, *The Light in the Heart*

CFC Donations By the Numbers

Contributions made through the CFC have a significant impact on the lives of those who need it most.

See how your gifts make a difference for those in local communities, across the nation and around the world.

Payroll deduction allows you to give a little each month, adding up to a significant gift at the end of the year.



\$20 PER PAY PERIOD*
Provides healthcare services to 24 mothers and their babies, from pregnancy to post-delivery.



\$50 PER PAY PERIOD*
Vaccinates 960 children against polio.



\$100 PER PAY PERIOD*
Supplies 32 wounded soldiers with a care package necessary for a comfortable flight home.

*Based on per pay period contributions

The Bulletin Board



The Defense Health Agency's Keyworker Training

Newsletter Feedback?

Please submit any photos from CFC events, upcoming events, announcements or feedback for the newsletter to **Devin Pearson (devin.pearson1.ctr@navy.mil)** for inclusion in upcoming issues.



NRL celebrates its recent kickoff

To learn More About the CFC visit:

-  Facebook.com/CFCNCA
-  Twitter.com/CFCNCA
-  LinkedIn.com/CFCNCA

